

MAY / JUNE 2023

THE PAW



OUR MISSION

WOUNDED PAW PROJECT® IS A 501(C)(3) THAT FOCUSES ON THE PREVENTION OF ANIMAL ABUSE AND THE REHABILITATION OF ABUSED AND RESCUED DOGS.

Welcome to The Paw, Wounded Paw Project's® monthly newsletter that keeps you up to date on how you and Wounded Paw Project® are making a difference for abused and rescued dogs. Each month, you'll get tips that you can use for your own pet and since Wounded Paw Project® was founded by a Purple Heart recipient, we'll also provide veterans with information they may not know.

In this issue, we want to make you aware that doggies can suffer from PTSD just like humans. Meet Jazmine, a Pitbull-Dalmatian mix who works to overcome PTSD on a daily basis.

We hope you enjoy this month's newsletter and don't forget to follow us throughout the month on our social media platforms.

IN THIS ISSUE

SPOTLIGHT: DOGGIE PTSD
IT'S ROAD TRIP TIME!
MEMORIAL DAY PARADE
SIGN OUR PETITION
SADIE SAYS
DOGGIE ICE CREAM
VET 2 VET

WPP.dog

News@wpp.org

Dogs can have PTSD too!

It's true! Dogs can suffer from Post Traumatic Stress Disorder (PTSD) just like humans. PTSD is an anxiety disorder that can develop after experiencing a terrifying or threatening event such as a natural disaster, abuse, neglect or abandonment.

Jazmine is one such doggie that endured horrific abuse and now suffers from PTSD.

Jazmine was rescued in the Winter of 2017 by a local animal shelter. Jazmine was hung with bailing wire in a tree by her front and back paws and left to die. Luckily she was rescued but was forever changed by the experience.

Jazmine exhibited symptoms such as panting, hyper-vigilance by always being on the lookout for someone or something to attack her, aggression towards people and other dogs, and went through periods of depression.

Under the care of Wounded Paw Project®, Jazmine was given a safe environment where she could begin to heal. Today, Jazmine enjoys going for car rides, walks in the park, and cuddling on the couch for a night of TV watching.



SIGNS YOUR DOGGIE MIGHT BE SUFFERING FROM PTSD

- Constant panting
- Cling to you in fear
- Hyperawareness of their surroundings
- Destructive behavior
- Hiding when nothing appears to be wrong
- Trembling or shaking when its not cold or no sign of danger

HOW TO HELP A DOGGIE WITH PTSD

- Make your doggie feel safe - create a special place your doggie can relax
- Establish a daily schedule (meals, playtime, walks) and stick to it
- Stay calm yourself! Your doggie can sense if you're stressed out.
- See your Veterinarian. In extreme cases your doggie may need medication.

IT'S TIME FOR WOUNDED PAW PROJECT'S® ANNUAL EPIC ROAD TRIP



Wounded Paw Project® is driving coast-to-coast this June to visit local animal shelters, dog parks to see how we can help make doggie lives better! If you'd like to nominate your local animal shelter or dog park to receive a Wounded Paw Project® monetary grant, send us an email at news@wpp.org.

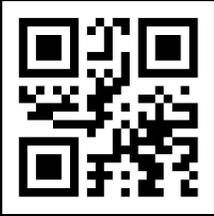
And don't forget to follow us on social media as we make our way across America!



LOOK FOR US THIS MEMORIAL DAY!

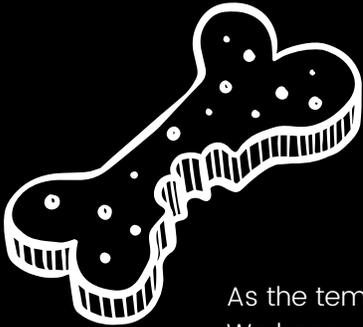
Wounded Paw Project® is honored to be a part of the National Memorial Day Parade presented by Boeing! Join us in our Nation's Capital as we drive down Constitution Avenue. If you can't make it in person, you can also watch it on TV or stream it on YouTube!

Sign our petition!



SCAN CLICK SIGN

Help us end Breed Specific Legislation (BSL) on military installations by signing our petition! BSL bans the ownership of dozens of safe breeds and is based on junk science that says a dog is bad based only on its breed and not the aggressive behavior taught by the owner. BSL is not consistent between military installations so if you adopt a dog at one base, receive orders to another, you may be required to give your dog away. This creates trauma for the family and may even result in the dog being euthanized all because the dog was welcomed at one installation and not another. Let's keep military families in tact by signing our petition.



YUMMY ICE CREAM FOR YOUR DOGGIE

As the temperature starts to get warmer outside, give your pet ice cream to cool off on a hot day! We hope your doggie loves this ice cream recipe we found on patch puppy.com.

Ingredients

- 32 oz. tub of plain yogurt
- 1/2 cup pure coconut butter
- 1 cup fresh strawberries (washed and dried)

To make Ice Cream:

1. Add yogurt, strawberries, and coconut butter to a blender and blend until smooth.
2. Pour mixture into a freezer-safe container. To make individual portions, pour into ice cube trays or small food-safe containers.
3. Cover and freeze for several hours or up to a day before serving.
4. Once frozen, scoop single servings into your dog's favorite bowl.

Store leftovers in the freezer.



MEET SADIE THE MO'PITTIE... THE MORKIE WHO THINKS SHE'S A PITBULL. EACH MONTH, SADIE WILL GIVE YOU TIPS TO HELP YOU HAVE A SAFE AND HEALTHY PET.

THIS MONTH, SADIE WANTS TO REMIND YOU THAT IT'S IMPORTANT TO ALWAYS CHECK YOUR PETS FOR TICKS, ESPECIALLY SINCE THE WEATHER IS GETTING WARMER OUTSIDE!

PRESENTED BY
WOUNDED PAW PROJECT®

END

BSL

NOW



RATED **GP** FOR GOOD PUPPIES
WPP.DOG



VET-2-VET

Each month The Paw provides valuable information to our Nation's veterans on services and opportunities that may not be common knowledge to Vets.

MEMORIAL DAY

As you get ready to observe Memorial Day on May 29, we wanted to remind you that Memorial Day isn't about parades, picnics, and pool parties. Memorial Day is a day to remember those who have lost their lives while serving in the military. Memorial Day is different from Veterans Day in that Veterans Day honors all those who served in the military, especially those who are still living while Memorial Day honors only those who have lost their lives.

Memorial Day began as "Decoration Day" as a way to decorate the gravestones of those killed in the Civil War. Over the years, "Decoration Day" shifted its focus to remember Americans who died while fighting for America and slowly became known as Memorial Day. In 1968, President Lyndon B. Johnson signed Memorial Day into law and as a result, Memorial Day has been celebrated on the fourth Monday of May since 1971.

NATIONAL PARK PASS

Looking for something to stretch your summer vacation budget? Why not visit National Parks with your America The Beautiful Pass!

The America the Beautiful Pass covers entrance fees and standard amenity fees at more than 2,000 federal sites including the Grand Canyon, Yosemite, and Yellowstone. If you are determined to have a permanent disability (does not have to be a 100% disability), you are eligible for the Access Pass by providing proper documentation. The Access Pass is a free, lifetime pass.

There are three ways to get your pass—in person at participating Federal recreation sites or offices, by mail, or online at www.store.usgs.gov/access-pass.

COMMONLY USED VA PHONE NUMBERS

VA MAIN INFORMATION LINE
1-800-698-2411

VA BENEFITS HOTLINE
1-800-827-1000

VA HEALTH BENEFITS HOTLINE
1-877-222-8387

WOMEN VETERANS HOTLINE
1-855-829-6636

CAREGIVER SUPPORT LINE
1-855-260-3274

eBENEFITS TECHNICAL SUPPORT
1-800-983-0937

**ARE YOU A VET
IN CRISIS?
CALL FOR HELP
DIAL 988 THEN
PRESS 1**



POWER AND PUMP

ANDOLINA
 CHIROPRACTIC & REHAB

BURKE NURSERY & GARDEN CENTRE



(703) 323-1188



AMERICAN
VETERANS
CENTER



RE/MAX
AGILITY

MilitaryTimes

ABBA

DESIGN  PRINTING

WANT TO SEE YOUR
 BUSINESS OR
 ORGANIZATION
 HIGHLIGHTED HERE?
 SEND US AN EMAIL AT
NEWS@WPPORG



**WOUNDED PAW
PROJECT®**

WORK WITH US

Wounded Paw Project®
12644 Chapel Road #193
Clifton VA 20124

Telephone
1-844-SAVAPAW
(1-844-728-2729)

FOLLOW US

WPP.DOG

