

HOLIDAYS 2023 EDITION

# THE PAW



## OUR MISSION

WOUNDED PAW PROJECT® IS A 501(C)(3) THAT FOCUSES ON THE PREVENTION OF ANIMAL ABUSE AND THE REHABILITATION OF ABUSED AND RESCUED DOGS.

Welcome to The Paw, Wounded Paw Project's® monthly newsletter that keeps you up to date on how you and Wounded Paw Project® are making a difference for abused and rescued dogs. Each month, you'll get tips that you can use for your own pet and since Wounded Paw Project® was founded by a Purple Heart recipient, we'll also provide veterans with information they may not know.

This is our special holiday issue! In this issue, you'll get to read about our newest rescued puppy, Lola. We've also included a special word search puzzle for you to print out and solve.

We hope you enjoy this special edition newsletter and don't forget to follow us throughout the month on our social media platforms.

## IN THIS ISSUE

SPOTLIGHT: LOLA - PART TWO  
CUT-OUT DOGGIE COOKIES  
GET OUR T-SHIRT  
SADIE SAYS  
WORD SEARCH PUZZLE  
VET 2 VET

WPP.dog

News@wpp.org

## *Saving Lola (Part Two)*

Last month you met Lola, a puppy who only had 48 hours to stay in a shelter or she would be euthanized. Wounded Paw Project® received a call from her owners who subsequently drove Lola cross-country to the Wounded Paw Project® sanctuary.

Lola is a good-natured, energetic puppy who loves running in the yard, playing with her toys, and enjoying whatever treats come her way. She loves interacting with all the doggies here at the sanctuary and is quickly finding her place in the pack. And boy is Lola smart! She knows how to sit, shake paws, and can even push open doors to get back in the house . to take a nap.

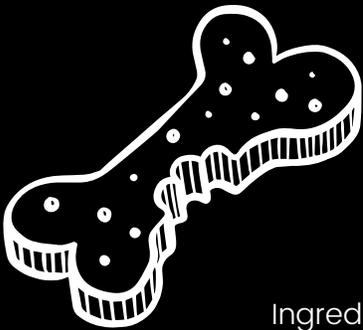
It's hard to believe that Lola was close to being put down. We can't imagine our sanctuary without her. And we also know that we couldn't save puppies like Lola without your help.



**DON'T FORGET TO MAKE YOUR YEAR-END DONTATION!**



**DONATE TO WOUNDED PAW PROJECT® AND HELP TRANSFORM THE LIVES OF DOGGIES EVERYWHERE! YOUR DONATION WILL HELP GIVE AN ABUSED OR RESCUED DOG A SECOND TAIL IN LIFE®!**



## CUT-OUT DOGGIE COOKIES

Baking cookies is a holiday tradition for many families. Why not make cookies for your furry family member as well! We found this recipe on [rover.com](http://rover.com). We hope it becomes part of your tradition.

### Ingredients:

- 2 cups whole wheat flour (you can substitute regular flour for a whiter dough)
- 2 cups rolled oat flour
- 2 eggs
- 2 Tbsps melted coconut oil
- 1 cup unsweetened applesauce
- 1 Tbsp vanilla extract

1. Preheat oven to 350 degrees.
2. Combine all ingredients in food processor or stand mixer. Add flour as necessary until dough is no longer sticky and is ready to roll out. For different colored dough, divide into separate bowls and add natural food coloring.
3. Keep dough covered to prevent drying between batches. You can rehydrate dough with a little coconut oil as needed.
4. Bake at 350 degrees for 20 minutes and let cool before serving.

This dough refrigerates for up to a week and freezes for 3 months.



## WE NEED YOUR HELP!

Help us get the word out about Wounded Paw Project® by wearing one of our T-shirts! To get your FREE T-shirt, text ILOVEDOGS2 to 53-555 and make a minimum \$20 donation. Your donation will help us further our work to prevent animal abuse and rehabilitate abused and rescued dogs.



Happy  
*Holidays*



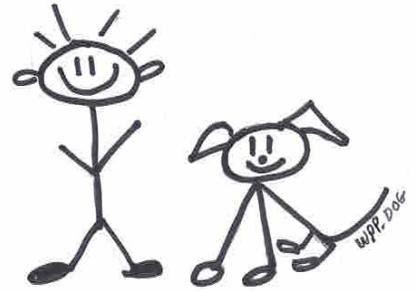
MEET SADIE THE MO'PITTIE...THE MORKIE WHO THINKS SHE'S A PITBULL. EACH MONTH, SADIE WILL GIVE YOU TIPS TO HELP YOU HAVE A SAFE AND HEALTHY PET.

THIS MONTH, SADIE WANTS TO REMIND YOU HOW TO KEEP YOUR PET SAFE DURING THE HOLIDAYS. REMEMBER TO KEEP HUMAN FOOD OUT OF REACH (ESPECIALLY CHOCOLATE, GRAPES AND RAISINS). KEEP HOLIDAY PLANTS LIKE HOLLY, MISTLETOE AND LILLIES AWAY FROM PETS SINCE THESE PLANTS ARE TOXIC. KEEP A SAFE PLACE RESERVED FOR YOUR PET TO ESCAPE ALL THE HOLIDAY EXCITEMENT, ESPECIALLY IF YOU ARE ENTERTAINING GUESTS. AND FINALLY, KEEP YOUR PET AWAY FROM TREES, LIGHTS AND ORNAMENTS SINCE THESE ARE A CHOKING HAZARD.



# Word Search

Can you find the words hidden in the puzzle?



PAW PRINCIPLE

WAGPLOY

VOLUNTEER

SAVAPAW

PROTECT

BARKLINE

SANCTUARY

RESCUE

ADVOCATE

CANINE

REPORT ABUSE

REHABILITATE



**VET -2- VET**

Each month The Paw provides valuable information to our Nation's veterans on services and opportunities that may not be common knowledge to Vets.

## **VETERAN TREATMENT FOR OPIOID USE DISORDER**

Opioid overdose is the leading cause of accidental death in the United States. For people who develop an addiction to opioids such as fentanyl, heroin, morphine, and oxycodone, it's often

difficult to seek help and stay in treatment. The VA provides a wide range of addiction treatment options including using telehealth to help veterans access and remain in the care they need.

Some VA facilities have already started offering telehealth treatment for opioid use disorder (OUD). Telehealth treatment can decrease the stress and burden that prevent some veterans from seeking and staying in treatment. Veterans can receive care anywhere in the world so veterans who live in rural areas or don't have access to a car can still receive treatment.

For more information about VA substance use disorder treatment options or VA Telehealth services, visit the VA website at [mentalhealth.va.gov](https://www.mentalhealth.va.gov).

### COMMONLY USED VA PHONE NUMBERS

VA MAIN INFORMATION LINE  
1-800-698-2411

VA BENEFITS HOTLINE  
1-800-827-1000

VA HEALTH BENEFITS HOTLINE  
1-877-222-8387

WOMEN VETERANS HOTLINE  
1-855-829-6636

CAREGIVER SUPPORT LINE  
1-855-260-3274

eBENEFITS TECHNICAL SUPPORT  
1-800-983-0937

**ARE YOU A VET  
IN CRISIS?**

**CALL FOR HELP  
DIAL 988 THEN  
PRESS 1**



**POWER AND PUMP**

**ANDOLINA**  
 CHIROPRACTIC & REHAB

**BURKE NURSERY  
 & GARDEN CENTRE**



**(703) 323-1188**



AMERICAN  
 VETERANS  
 CENTER



**RE/MAX**  
 AGILITY

**MilitaryTimes**

**ABBA**

DESIGN  PRINTING

WANT TO SEE YOUR  
 BUSINESS OR  
 ORGANIZATION  
 HIGHLIGHTED HERE?  
 SEND US AN EMAIL AT  
[NEWS@WPPORG](mailto:NEWS@WPPORG)



**WOUNDED PAW  
PROJECT®**

## WORK WITH US

**Wounded Paw Project®  
12644 Chapel Road #193  
Clifton VA 20124**

**Telephone  
1-844-SAVAPAW  
(1-844-728-2729)**

## FOLLOW US

**WPP.DOG**

