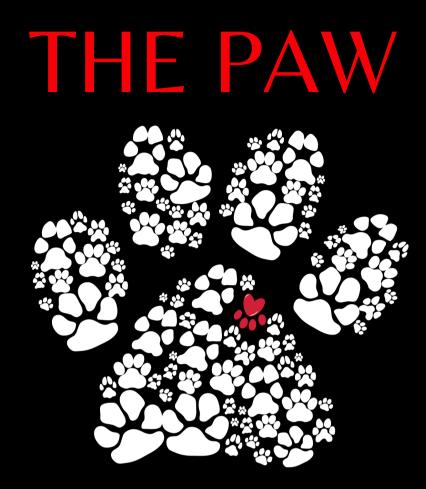
JANUARY 2024



OUR MISSION

WOUNDED PAW PROJECT® IS A 501(C)(3) THAT FOCUSES ON THE PREVENTION OF ANIMAL ABUSE AND THE REHABILITATION OF ABUSED AND RESCUED DOGS.

Welcome to The Paw, Wounded Paw Project's ® monthly newsletter that keeps you up to date on how you and Wounded Paw Project® are making a difference for abused and rescued dogs. Each month, you'll get tips that you can use for your own pet and since Wounded Paw Project® was founded by a Purple Heart recipient, we'll also provide veterans with information they may not know.

In this issue, we'll give you some tips you can use if you are integrating a new doggie into the family. And of course, we've got some great information for veterans and VA caregivers.

We hope you enjoy this month's newsletter and don't forget to follow us throughout the month on our social media platforms.

IN THIS ISSUE

SPOTLIGHT: INTEGRATING PETS HOMEMADE BEEF STEW SIGN OUR PETITION SADIE SAYS GET OUR T-SHIRT NEW YEAR RESOLUTIONS VET 2 VET Over the last few months, we introduced you to Lola, the newest addition to Wounded Paw Project®. We shared Lola's story and gave you an update on how she was fitting in. This month, we thought we would let you know how the other doggies were doing with Lola joining the sanctuary.

> We're happy to say that the other doggies accepted Lola into the pack! It's important to note that pack integration didn't just happen overnight. In fact, it's taken daily training, discipline, and a strong leader guiding the pack. Who's this strong leader? It's none other than Wounded Paw Project's® founder—Ernesto.

So how did we integrate Lola to ensure everyone's safety (humans included!)? We assessed each dog and determined the order we would introduce Lola to each doggie one-byone. Once each dog was comfortable with Lola, we determined which two dogs could play safely with Lola. From there, we continued to add a doggie to the play group until all the doggies were comfortable being in the pack together.





TIPS TO HELP INTEGRATE A NEW DOGGIE WITH OTHER DOGS

Pet integration doesn't just happen—it takes a plan, time, and a strong human pack leader. Here are a few tips to keep in mind when introducing a new doggie into the home.

- Introduce your pets to each other slowly.
- Keep your dogs on leashes (even in the house) so you can control the dogs at a moment's notice.
- Remove your dog's favorite toys....doggies get territorial over their toys and may start a skirmish if they think another dog is trying to take it from them.
- Supervise! Supervise! Supervise! You need to pay attention to what your dogs are doing until you are confident they can be left alone together (even for a minute).
- Keep your pets separate when not at home.
- Provide separate eating spaces...again doggies get territorial when they think something is being taken from them.
- Take all your dogs for long walks...wear them out. They can't fight with each other if they're sleeping.

HOMEMADE BEEF STEW FOR DOGS

As the weather gets colder, your doggie deserves some comfort food too! We found this recipe on the "A Cute Angle" blog and boy did it sound tasty (even for humans!)

Ingredients:

TAM

100

- 1 pound of ground beef
- 1 large sized potato or sweet potato, cubed
- 1 medium sized carrot, diced
- 1/2 cup frozen peas
- water
- sea salt
- 1. Sauté beef in a large pot until it's no longer pink. Leave the fat.

2. Add the potatoes and carrots. Add just enough water to cover the vegetables in the stew.

- 3. Bring to a boil. Simmer for 20 minutes.
- 4. Add the frozen peas. Add a VERY small amount of sea salt to enhance the flavors.

Cool before serving to your doggie!

Sign our petition!



SCAN CLICK SIGN

Help us end Breed Specific Legislation (BSL) on military installations by signing our petition! BSL bans the ownership of dozens of safe breeds and is based on junk science that says a dog is bad based only on its breed

and not the aggressive behavior taught by the owner. BSL is not consistent between military installations so if you adopt a dog at one base, receive orders to another, you may be required to give your dog away. This creates trauma for the family and may even result in the dog being euthanized all because the dog was welcomed at one installation and not another. Let's keep military families in tact by signing our petition.





MEET SADIE THE MO'PITTIE...THE MORKIE WHO THINKS SHE'S A PITBULL. EACH MONTH, SADIE WILL GIVE YOU TIPS TO HELP YOU HAVE A SAFE AND HEALTHY PET.

THIS MONTH, SADIE WANTS TO REMIND YOU TO BRUSH YOUR DOG'S TEETH! A REGULAR BRUSHING ROUTINE WILL HELP YOUR PET FIGHT TARTER BUILD UP, PREVENT PERIODONTAL DISEASE, AND GET RID OF STINKY BREATH. JUST DON'T USE HUMAN TOOTHPASTE SINCE THIS CAN CAUSE DAMAGE TO YOUR PET'S TEETH.

WE NEED YOUR HELP!

Help us get the word out about Wounded Paw Project® by wearing one of our Tshirts! To get your FREE T-shirt, text ILOVEDOGS2 to 53-555 and make a minimum \$20 donation. Your donation will help us further our work to prevent animal abuse and rehabilitate abused and rescued dogs.





Why not incorporate your dog into your New Year resolutions? If exercising is one of your resolutions, take your dog for daily walks. Is eating healthier on your list? Give your doggie a healthier diet too and limit those table scraps. Many people want to take better care of themselves and get caught up on those doctor visits and physicals. Guess what? Your dog needs his check-ups as well! Finally, if trying new things is on your list, think about what new adventures you can do with your four-legged family member. Pets love trying new things too!

END BREED SPECIFIC LEGISLATION (BSL) ON ALL MILITARY INSTALLATIONS



WOUNDED PAW PROJECT®



Daisy "Rainbow", Founder Pitbull-Turned-Service Dog For a Purple Heart Recipient



Ernesto P. Hernandez III, Co-Founder USAF Ret. Purple Heart Recipient

For more information visit www. WPP.dog





Each month The Paw provides valuable information to our Nation's veterans on services and opportunities that may not be common knowledge to Vets.

LINKEDIN FOR FREE!

Did you know veterans and VA caregivers can get one year of LinkedIn Premium and LinkedIn

Learning for free? In collaboration with SheerID, LinkedIn offers eligible members of the U.S. military community one year of access to LinkedIn Premium as well as access to more than 15,000 courses through the LinkedIn Learning platform.

LinkedIn has become more than just a place to find a job (or recruit people looking for a job). It is now the preferred platform for professionals to exchange ideas and has become the epicenter for professional social networking and building your personal brand.

Want to learn a new skill? Then check out LinkedIn Learning. With LinkedIn Premium, you can take courses on software development, graphic design, photography and even how to use LinkedIn more effectively.

To sign up for your free year, go to: https://social impact.LinkedIn.com/programs/veterans/premiumform

COMMONLY USED VA PHONE NUMBERS

VA MAIN INFORMATION LINE 1-800-698-2411

> VA BENEFITS HOTLINE 1-800-827-1000

VA HEALTH BENEFITS HOTLINE 1-877-222-8387

WOMEN VETERANS HOTLINE 1-855-829-6636

CAREGIVER SUPPORT LINE 1-855-260-3274

eBENEFITS TECHNICAL SUPPORT 1-800-983-0937











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