

August 2024

THE PAW



OUR MISSION

WOUNDED PAW PROJECT® IS A 501(C)(3) THAT FOCUSES ON THE PREVENTION OF ANIMAL ABUSE AND THE REHABILITATION OF ABUSED AND RESCUED DOGS.

Welcome to The Paw, Wounded Paw Project's® monthly newsletter that keeps you up to date on how you and Wounded Paw Project® are making a difference for abused and rescued dogs. Each month, you'll get tips that you can use for your own pet and since Wounded Paw Project® was founded by a Purple Heart recipient, we'll also provide veterans with information they may not know.

In this issue, we're getting ready for National Dog Day! If you're in the Woodbridge, VA area on August 26th, don't forget to join us at Texas Roadhouse to celebrate with us!

We hope you enjoy this month's newsletter and don't forget to follow us throughout the month on our social media platforms.

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WPP.dog

News@wpp.org

Celebrate National Dog Day!!

August 26th is National Dog Day! It was first celebrated in 2004 to bring attention to some of the hardships faced by dogs and to encourage adoption in overcrowded shelters.

National Dog Day was started by Colleen Paige...who also founded other important days such as National Puppy Day on March 23rd, National Mutt Day on July 31st and December 2nd, National Cat Day on October 29th, and National Wildlife Day on September 4th. Colleen picked August 26th for National Dog Day because that was the date 10 year-old Colleen and her family adopted her first shelter dog.



National Dog Day celebrates all dog breeds, serves as a reminder of the importance dogs have in our lives and our community, and brings attention to animal cruelty and overpopulation in shelters. (Things Wounded Paw Project® does every day!)

This year you can celebrate your dog and enjoy National Dog Day by:

- Getting a new playmate and adopt a dog from a shelter
- Reading to local shelter dogs
- Taking your doggie for a car ride
- Checking out local community pools who may be opening up their pools for dogs to enjoy
- Donating needed items to a local animal shelter
- Spoiling your doggie with lots of love and attention
- Getting your pup a Puppuccino at Starbucks
- Cuddling up on the couch with your dog and watching your favorite dog-friendly movie



WOUNDED PAW PROJECT®
"Saving a Paw, to Save a Life"™





(571) 554-8050

14389 Potomac Mills Rd.
Woodbridge, VA

FUNDRAISING

DINE-IN OR TO-GO

»» *Support* ««

Wounded Paw Project

Monday, August 26th

3pm – 10pm

15%

DONATION NIGHT

Support **Wounded Paw Project**
by presenting this flyer to the
Potomac Mills Location and Texas
Roadhouse will donate **15%** of your
total food purchases to **Wounded
Paw Project!**





APPLE PIE FOR DOGS

Looking for a special treat to make your dog? This apple pie is perfect for your four-legged friend because it is low in sugar and doesn't contain the toxic ingredients usually found in apple pie! Try this recipe we found on spoiledhounds.com today!

Ingredients

Pie Crust

- 1 1/2 cups Oat Flour
- 1/4 - 1/2 cup Water
- 2 Tablespoons Melted Coconut Oil

Pie Filling

- 1/2 cup Unsweetened Applesauce or 1 small apple diced
- 1/2 teaspoon Cornstarch
- 1 Egg
- 1/4 teaspoon Cinnamon (optional)



1. Preheat oven to 350 degrees. Spray a 6-cup muffin tin with non-stick spray or grease it with coconut oil.
2. In a medium bowl, combine oat flour, melted coconut oil, and water. Add a little water at a time until a rollable dough consistency is obtained.
3. Place the dough on a flat surface and roll out the dough until it is 1/4-inch thick. Using a round cookie cutter about the same width as a regular muffin tin cup or a regular canning jar ring, cut out mini crusts.
4. Gently press mini crusts into the bottom of the muffin cup wells and up the sides enough to create a well for the filling.
5. Place the filling ingredients in a bowl and stir until well combined. Equally divide the filling mixture into the cups. Lay strips of dough in a crisscross pattern on top of the filling (if desired).
6. Bake for 20 to 25 minutes. Remove pies from muffin pan and cool completely before serving.



MEET SADIE THE MO'PITTIE...THE MORKIE WHO THINKS SHE'S A PITBULL. EACH MONTH, SADIE WILL GIVE YOU TIPS TO HELP YOU HAVE A SAFE AND HEALTHY PET.

THIS MONTH, SADIE WANTS TO REMIND YOU THAT YOU SHOULD REGULARLY CLEAN YOUR PET'S BELONGINGS. WASHING YOUR DOG'S TOYS, BLANKETS AND BEDDING REMOVES GERMS, DIRT, POLLEN AND OTHER THINGS THAT CAN IRRITATE YOUR PET. SOME DOGS SUFFER FROM SEASONAL ALLERGIES, SO MAKE SURE YOU WASH YOUR DOG'S BEDDING ON A REGULAR BASIS.



VET-2 - VET

Each month The Paw provides valuable information to our Nation's veterans on services and opportunities that may not be common knowledge to Vets.

ONLINE LOGIN

The Department of Veterans Affairs announced plans to start transitioning Veterans, over the next year, to a more modern, streamlined online login process to access benefit and health care services. This is a step to safeguard and protect Veteran data and that of their beneficiaries.

With VA's support through consistent outreach and training, Veterans will transition to one of two sign-in options to access VA.gov, VA mobile applications, and other VA online services: Login.gov or ID.me accounts. Veterans can begin this transition now by visiting www.va.gov/sign-in-changes to learn how to create a verified Login.gov or ID.me account. The process takes about 10 minutes.

Veterans and other beneficiaries will no longer be able to use usernames and passwords for My HealtheVet after Jan. 31, 2025, or DS Logon after Sept. 30, 2025. After these deadlines, Veterans who have not yet transitioned will still be able to access their data and resume managing their benefits and services online once they have created their new account.

Through the transition and beyond, Veterans are always able to manage their benefits and services by phone or in-person at a VA location. For more information and updates on the transition process, visit www.va.gov/sign-in-changes.

COMMONLY USED VA PHONE NUMBERS

VA MAIN INFORMATION LINE
1-800-698-2411

VA BENEFITS HOTLINE
1-800-827-1000

VA HEALTH BENEFITS HOTLINE
1-877-222-8387

WOMEN VETERANS HOTLINE
1-855-829-6636

CAREGIVER SUPPORT LINE
1-855-260-3274

eBENEFITS TECHNICAL SUPPORT
1-800-983-0937

**ARE YOU A VET
IN CRISIS?
CALL FOR HELP
DIAL 988 THEN
PRESS 1**



POWER AND PUMP



ANDOLINA
CHIROPRACTIC & REHAB

**BURKE NURSERY
& GARDEN CENTRE**



(703) 323-1188



AMERICAN
VETERANS
CENTER



RE/MAX
AGILITY

MilitaryTimes



WANT TO SEE YOUR
BUSINESS OR
ORGANIZATION
HIGHLIGHTED HERE?
SEND US AN EMAIL AT
NEWS@WPP.ORG

**ANIMAL ABUSE IS A PRECURSOR
FOR A LIFE OF CRIME INVOLVING
HUMAN TRAFFICKING, SERIAL KILLING,
SCHOOL SHOOTINGS, AND
DOMESTIC VIOLENCE.**

BE THE VOICE FOR THE VOICELESS®



HELP US

GET INVOLVED

Report animal abuse

Adopt / Foster a shelter dog

Volunteer at Wounded Paw Project® or your local animal shelter

Sign our advocacy petition

Help someone who needs help with a pet

DONATE

Make a cash donation at WPP.dog

Donate your car, truck, or boat through our CARS program

Bequeath money or real estate to Wounded Paw Project®

SPREAD THE WORD

Wear our T-shirts

Subscribe to our newsletter

Tell your family and friends about us

Follow us on our social media platforms



**WOUNDED PAW
PROJECT®**

WORK WITH US

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FOLLOW US

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